

Career Exploration and Self Assessments

Career Coach

The Career Coach assessment allows students to identify individual interests as a guide to possible career paths. Students may access the career planning assessment online from the convenience of home or in the career center. The assessment can be helpful in choosing a career goal and selecting an academic major, in consultation with a career counselor.

YouScience

The YouScience assessment includes a series of engaging "brain-games," where students can learn their natural strengths and how they can leverage these talents in college and beyond. The assessment is 90-minutes; however, students do not have to complete the entirety in one sitting. It can be taken from any computer or laptop device with a stable, high speed internet connection. Results will be available 24 hours after the completion of the last assessment. The results include a review of personal strengths, suggested work environments, detailed information on possible careers that match the student's skills and interests, majors that map to those careers, and much more.

Other online career planning resources are also available and easily accessible to students.