# Career Resources

## Career Exploration and Self-Assessment

### **Career Coach**

The Career Coach assessment allows students to identify individual interests as a guide to possible career paths. Students may access the career planning assessment online from the convenience of home or in the career center. The assessment can be helpful in choosing a career goal and selecting an academic major, in consultation with a career counselor.

#### YouScience

The YouScience assessment includes a series of engaging "brain-games," where students can learn their natural strengths and how they can leverage these talents in college and beyond. The assessment is 90 minutes; however, students do not have to complete the entirety in one sitting. It can be taken from any computer or laptop device with a stable, high-speed internet connection. Results will be available 24 hours after the completion of the last assessment. The results include a review of personal strengths, suggested work environments, detailed information on possible careers that match the student's skills and interests, majors that map to those careers, and much more.

Other online career planning resources are also available and easily accessible to students.

## Complimentary Professional Interview Attire

The Career Closet is located on the College's Richland Campus and offers a year-round supply of new and gently used interview attire. All Penn Highlands' students are eligible to receive and keep any clothing chosen to attend job fairs or interviews, free of charge.